HEROINE



What is it?

 Heroin is a very powerful psychoa ctive opiate substance with a high addictive potential, derived from morphine. It was sold over the counter until 1920 to treat morphine addiction, asthma, diarrhea and i nsomnia.



Who are the people who take this drug ?and how many people?

People who take heroin for the first time are usually young, adolescent or in their twenties, but most of those who use heroin regularly are over 30 years of age.

• 9.2 million who take heroin.



How to recognize someone who consume heroin

- aggressive or hostile towards family,
- a heroin user may not be proud of his appearance,
- he may have a disheveled appearance with scruffy hair
- she may have a body odor.
- takes risks by doing things that are dangerous
- the runny nose, blue lips, dry mouth, weak pulse





What effect does it have on the body and mind?

- Heroin can soothe moral pain (sadness, anxiety), calm physical pain (it is an analgesic), in the case of dependence, it eliminates the discomfort of withdrawal, it can provide a feeling of physical and psychological well-being, make you feel euphoric while remaining clear-headed, give you a feeling of self-confidence, calmness, appeasement, and create a pleasant sensation of warmth.
- Heroin use creates a strong physical and psychological dependence with an unbearable state of withdrawal (flu-like symptoms, chills, cold sweat, muscle pain and cramps...).
 There is also a danger of overdose, which can lead to coma or death.



How it consumed

- It is smoked, snorted or injected intravenously
- injected either into a vein (intravenous injection or "shot"), into a muscle (intramuscular injection) or under the skin (subcutaneous injection)
- aspirated through the nose or "snorted";
- inhaled or smoked (dragon chasing) this method involves heating heroin on a piece of aluminum foil over a small flame and breathing in the smoke and fumes through a tube.



The dangers of heroin

- Breathing and sweating disorders, Heart infection It is also much more dangerous in individuals who already have mental disorders, or are elderly. Disruption of the menstrual cycle in women ,dangers of overdose and overdose, potentially fatal
- Hepatitis B, hepatitis C and HIV or AIDS are also diseases that can result from heroin use.
- Nausea
- Vomiting
- it is important to know what can help us stop heroin like methadone which allows patients to stop injecting heroin, improve their physical condition and especially the psychosocial (helps people to maintain good mental health and escape their horror)

